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INDUSTRY SURVEY HEALTHLEADERS MEDIA 2014

Forging Healthcare's New Financial Foundation

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INDUSTRY SURVEY HEALTHLEADERS MEDIA 2014

Intelligence Report Premium from HealthLeaders Media

Industry Survey 2014: Forging Healthcare's New Financial Foundation

This report shows how organizations are managing the shift from volume to value, including new and proven tactics to support collaborative care.

- Learn how top organizations are preparing for bundled payments, risk sharing, and the development of new analytics skills needed to drive population health management.
- Discover which specific clinical and financial strategies today's leaders are pursuing to pave the way to collaborative care.
- Benchmark your organization's progress in the volume-to-value transition compared to other leading providers.
- Deep-dive into over 400 charts with segmented peer data.
- Get proven strategies and actionable recommendations from the HealthLeaders Media research team, and a discussion guide for your organization.



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Perspective

HEALTHCARE LEADERS CONTINUE TO INNOVATE THROUGH UNCERTAINTY

Finally, in 2013, we were assured that the major provisions of the Patient Protection and Affordable Care Act would be implemented, even as enrollment in the healthcare insurance exchanges was slow to take off due to significant technical issues. With most of the uncertainty of the previous year behind us, we spent 2013 resolved to prepare our organizations and our teams for the shift from volume- to value-based care.

The results of the *2014 HealthLeaders Media Industry Survey* confirm this resolve, and it is clear that industry leaders have a firm grasp of how healthcare reform will impact their organizations. Fully 91% of survey respondents cite reduced reimbursements as the No. 1 threat to their organizations, far outpacing concerns about industry consolidation (37%) or healthcare reform overall (36%).

As ever, survey respondents are focused on expense reductions, operational improvements, and greater efficiency to counteract reimbursement reductions. However, what is perhaps more telling are the types of investments healthcare executives are prepared to make to support new care models and to fuel financial growth.

Patient satisfaction figures prominently in this year's results. Even as organizations work to identify the best tools to engage patients, healthcare leaders are ready to place more emphasis on consumer-centric programs designed to improve patient-provider interactions. And as healthcare reform places significant weight on patient satisfaction in overall reimbursement, the majority of survey respondents (62%) confirm that they are preparing to make or increase investments to improve the patient experience over the next three years, topping a list of 10 initiatives.

Moreover, as accountable care organizations and patient-centered medical homes become the norm as models to measure quality and report outcomes, 54% of respondents say they will begin or increase investments in data analytics over this same time period. Clearly healthcare executives understand how data drives the new emphasis on wellness (rather than expensive, acute episodes) and population health management.

This year's survey will give you a sense of the innovation our industry is contemplating to achieve the full promise of an outcomes-based care delivery system while managing costs and meeting the increased demand for healthcare services from newly empowered patients.

There is no question that our industry will experience significant changes over the next three to five years, and these survey results offer valuable insight into how leaders like you are effectively addressing the opportunities and challenges on our collective journey to a value-based healthcare system that works for all Americans.



Stephen Mooney President & CEO Conifer Health Solutions Frisco, Texas

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Methodology

The 2014 Industry Survey was conducted by the HealthLeaders Media Intelligence Unit, powered by the HealthLeaders Media Council. It is part of a series of monthly Thought Leadership Studies. In October 2014, an online survey was sent to the HealthLeaders Media Council and select members of the HealthLeaders Media audience. A total of 792 completed surveys are included in the analysis. The bases for the individual questions range from 776 to 792 depending on whether the respondent had the knowledge to provide an answer to a given question. The margin of error for a sample size of 792 is +/-3.5% at the 95% confidence interval.

Each figure presented in the Premium and Buying Power editions of the report contains the following segmentation data:setting, number of beds (hospitals), number of sites (health systems), net patient revenue, region, purchase involvement, dollar amount influenced, and types of products/ services purchased. Please note cell sizes with a base size of fewer than 25 responses should be used with caution due to data instability.

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Upcoming Intelligence Report Topics

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February – Healthcare IT and Analytics March – Cardiovascular Service Line April – Primary Care Redesign

ABOUT THE HEALTHLEADERS MEDIA INTELLIGENCE UNIT

The HealthLeaders Media Intelligence Unit, a division of HealthLeaders Media, is the premier source for executive healthcare business research. It provides analysis and forecasts through digital platforms, print publications, custom reports, white papers, conferences, roundtables, peer networking opportunities, and presentations for senior management.

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Respondent Profile

Respondents represent titles from across the various functional areas, including senior leaders, clinical leaders, operations leaders, finance leaders, marketing leaders, and information leaders. They are from a variety of healthcare provider organizations.



Senior leaders | CEO, Administrator, Chief Operations Officer, Chief Medical Officer, Chief Financial Officer, Executive Dir., Partner, Board Member, Principal Owner, President, Chief of Staff, Chief Information Officer

Clinical leaders | Chief of Orthopedics, Chief of Radiology, Chief Nursing Officer, Dir. of Ambulatory Services, Dir. of Clinical Services, Dir. of Emergency Services, Dir. of Nursing, Dir. of Rehabilitation Services, Service Line Director, Dir. of Surgical/Perioperative Services, Medical Director, VP Clinical Informatics, VP Clinical Quality, VP Clinical Services, VP Medical Affairs (Physician Mgmt/MD)

- Operations leaders | Chief Compliance Officer, Asst. Administrator, Dir. of Patient Safety, Dir. of Quality, Dir. of Safety, VP/Dir. Compliance, VP/Dir. Human Resources, VP/Dir. Operations/ Administration, Other VP
- Finance leaders | VP/Dir. Finance, HIM Director, Director of Case Management, Director of Revenue Cycle

Marketing leaders | VP/Dir. Marketing/Sales, VP/Dir. Media Relations

Information leaders | Chief Medical Information Officer, Chief Technology Officer, VP/Dir. Technology/MIS/IT

Type of organization		
Base = 792		
Hospital	39%	
Health system	26%	
Physician org.	13%	
Long-term care/SNF	10%	
Ancillary, allied provider	6%	
Health plan/insurer	4%	
Government, education/academic	3%	

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Number of beds

Base = 305 (Hospitals)

1–199	48%
200–499	33%
500+	18%

Number of sites

Base = 203 (Health systems)

1–5	20%
6–20	29%
0 20	20,0
21+	51%
	51,0

Number of physicians

Base = 101 (Physician orgs)

1–5	18%
6–20	31%
21+	51%

Respondent Profile (continued)

Community & Profit/Nonprofit





Age & Gender

Age	
Average age = 53 years	
35 or younger	3%
36–45	15%
46–55	42%
56–65	36%
66 or older	4%

Base = 792



INDUSTRY SURVEY ANALYSIS

Discovering Gaps in the Commitment to Change

BY MICHAEL ZEIS

It's not just a majority of respondents to the 2014 HealthLeaders Media Industry Survey who believe the healthcare industry will make the switch from volume to value, it's a big majority—72%. But throughout the survey results we see indications that, although large, 72% may not be big enough.

For one thing, having as many as 28% who are not convinced that they are in the final days of fee-for-service reimbursement may prompt some uncertainty even among those who accept that the transition will occur. And even though the Centers for Medicare & Medicaid Services operates on a schedule, the timing and many other aspects of the changeover remain uncertain. Healthcare providers are encouraged to expand their cadre of care partners and shift care to outpatient and ambulatory settings, but right now, today, the financial infrastructure—costs and revenue—appears uncertain, as well.

Nonetheless, we see indications that the industry is identifying and addressing the clinical, financial, and alignment issues involved with working with a larger set of care collaborators. In response to continuing pressure on revenue, costs are being squeezed out. Considering that patient volume remains the source of most revenue today, most revenue-growth methods reflect old-school tactics. But we see substantial portions of the respondent base involved in accountable care organizations, patient-centered medical homes, and other partnerships that involve shared clinical care at least

WHAT HEALTHCARE LEADERS ARE SAYING

Here are selected comments from leaders regarding what their organization is doing now to prepare for the eventual switch from fee-for-service to valuebased payments, and how that will prepare them for the future.

"We purchased an insurance company and will hire a CEO for the health plan. We formed an ACO, launched a clinical integration model, and we will contract directly with payers for covered lives. We are aligning financial incentives with our physicians around cost and quality. We totally changed the system's overall strategic plan and communicated that throughout the organization." —CEO for a medium hospital

"We are aligning patient and downstream provider compensation and incentive programs with the ACO/CCO reimbursement model and making major investments in back office enterprisewide analytics and informatics. We are implementing advanced PCMH models and innovative care coordination methods."

-CEO for a physician organization

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"We are engaging as many ambulatory care partners as possible. We are looking at how each place of service can be integrated technologically to know where our clients and risks are in terms of physical proximity and health status."

-CEO for a physician organization

"We are beginning to acquire the analytics to realistically provide for shared payments and expenses for facility and clinical accountability."

-CEO for a health plan

Analysis (continued)

and, for some, shared cost or revenue as well. Despite this uncertainty, the healthcare industry is moving toward a new financial foundation.

Quality monitoring along the care continuum. A principal mechanism for changing the economics of delivering healthcare is to shift care from the hospital environment to outpatient and ambulatory settings. For many, expanding the continuum of care brings concern about monitoring quality. More than one-quarter (27%) say that monitoring quality along the care continuum is their single greatest clinical quality improvement challenge. With more care providers involved, there are more handoffs, which may be one reason that monitoring is becoming more important. Says advisor Roger Deshaies, chief financial officer for Fletcher Allen Health Care, a 562-licensed-bed academic and university medical center with 30 care sites and 100 outreach clinics and programs in Vermont and upstate New York, "As you refer patients down the line, there are a lot of reasons for those handoffs not to work well. It's only recently that we've had access to clinical information outside of our own four walls. Before that, it was almost as if patients entered a black box, unless they were referred for treatment within your health system."

David C. Pate, MD, JD, president and CEO of St. Luke's Health System, a not-for-profit health system operating seven hospitals and more than 100 clinics in Idaho, notes that the industry appears to show a degree of comfort with monitoring quality internally, but not necessarily externally. Some of the tools that support quality monitoring and quality improvement appear farther down on the list of quality improvement challenges—15% call clinical analytics their single greatest challenge, while 13% are challenged by EHRs and 8% by clinical decision support. Says Pate, "You would think that if you had electronic health records that were integrated along the care continuum ... you would be pretty well prepared to monitor quality. The higher percentage for carecontinuum monitoring suggests to me that providers still see the care

"As you refer patients down the line, there are a lot of reasons for those handoffs not to work well. It's only recently that we've had access to clinical information outside of our own four walls."

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-Roger Deshaies, chief financial officer for Fletcher Allen Health Care in Burlington, Vt.

continuum as very fragmented. I think they're right."

Physicians needed to drive transformation. Survey results show that leaders understand the relationship between providing coordinated care and earning positive financial performance. Care models, including population health, are included by 40% among the areas that need improvement in order to reach financial targets, and are positioned near the top of the chart with more traditional areas such as physician-hospital alignment (44%), cost reduction (41%), and reimbursement (39%).

Survey results point to possible sources of friction as new work methods

propagate. Nearly two-thirds of respondents (63%) characterize their nursing staff as very strong or strong, while only 54% say their physician staff is very strong or strong. Brent E. Wallace, MD, chief medical officer for Intermountain Healthcare, a Salt Lake City-based network that includes 22 hospitals, a medical group with more than 185 physician clinics, an affiliated health insurance company, and more than 33,000 employees, suggests that physician autonomy might be contributing to the difference in readings.

"As physicians, we have been taught in our training that we should be independent and make all the right decisions," Wallace says. "Nurses may have more of the perspective that they need to provide care the way the system says they should. Considering that cultural difference, we have to ask whether physicians are really aligned with what the hospital needs to accomplish." In addition to being asked to support the organization's approach to healthcare, physicians must abide by dictates from various regulatory bodies, decrees that often are communicated through the same channels as hospital strategies are. "There are so many regulations that come at us," Wallace notes. "Even though we may intellectually understand that the directives are from the CMS or The Joint Commission, the perception may be that the hospital is making us do it."

Attack waste. While organizations are positioning themselves to take on risk and manage populations in the future, the need to respond to current and compelling revenue pressures requires that leaders approach cost

containment today with renewed vigor, and in new ways. "Attacking waste is the best advice for cost control, and process variation is probably the largest source of waste within any given hospital," says Wallace.

Four-fifths (81%) include expense reduction via process improvement among the top three methods for cost control over the next

year. Michael T. Burke, senior vice president, vice dean, and corporate CFO of the New York University Langone Medical Center, a 1,069-bed health system with four hospitals in New York City and ambulatory services in New York City, Long Island, New Jersey, and Westchester, Putnam, and Dutchess counties, cautions that efficiencies gained through continuous improvement techniques such as Lean can be lost if leaders don't follow through.

"Six months from now you have to spend less than you are spending today, and Lean doesn't help you do that," Burke says. "Lean eliminates the unnecessary and eliminates variation. Then you as management have to adjust to the new lower level of activity and reduce the level of resources. If you don't have a variable staffing model that does that, it will never happen."

"Providers still see the care continuum as very fragmented. I think they're right."

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—David C. Pate, MD, JD, president and CEO of St. Luke's Health System in Boise, Idaho

For some of our respondents, sufficient savings never materialized: onefifth (21%) said that continuous improvement techniques such as Lean have largely been a waste of money.

EHR: Friend or foe? Topping the list of investments that healthcare leaders describe as largely a waste of money is the electronic health record, with 27% overall saying their investment was largely a waste. How can this be, in light of the efficiencies the EHR was supposed to foster? Burke, an advisor for this intelligence report, suggests that the need to integrate data may be the culprit, causing many to have to start over.

"A lot of people have put in an electronic medical record only to find they have to replace it with something that really works," Burke says. NYU replaced an early EHR with a robust system that includes an integrated clinical and billing system that covers inpatient and outpatient services and provides an ambulatory record as well. "It's everything all together, all in one," Burke says.

At NYU, Burke says, the comprehensive EHR gave them command over the services the organization delivers and is saving money. "We have lower malpractice premiums, we have fewer missing and lost charges, and we have more robust clinical activity tracking. We have improved our coding so we are more completely documenting our cases, which results in more complete billing for our services. So we've been able to improve our reimbursements. It's a huge improvement, way more than what I originally thought it would be."

Care collaboration: patient care today, finances tomorrow. Although care collaboration is hardly a new concept, survey results show that not all are ready to take on the emerging requirement to share data and share risk. With 89% say-

ing they see opportunity in the clinical aspects of care continuum relationships, leaders show that they are reasonably comfortable providing care through care partners. However, only 66% say they see opportunity in the financial aspects of the care continuum, and 13% say they view the financial aspects of the care continuum as an outright threat.

Wallace, who served as lead advisor for the 2014 HealthLeaders Media Industry Survey, helps us understand that organizations that find opportunity in the clinical aspects of coordinated care are probably obtaining benefits from such relationships here and now. "People may be saying, 'If I have a

"Attacking waste is the best advice for cost control, and process variation is probably the largest source of waste within any given hospital."

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—Brent E. Wallace, MD, chief medical officer for Intermountain Healthcare in Salt Lake City

Analysis (continued)

clinical relationship, that's helping me today with readmission penalties and so forth.'"

The financial aspects of care collaboration involve sharing revenue, sharing expenses, or both. Bundled payments of one kind or another are likely to be part of collaborative relationships in the future. Our survey results reveal that those who consider themselves strong at payment bundling are in the minority—only 21%. Slightly more say they are weak (23%), while most (38%) report they are neutral. The tally seems to indicate a lack of readiness to, indeed, break from fee-for-service, take on risk, and enter results-based financial arrangements with care partners.

Wallace looks at the tactics leaders expect to use to foster financial growth over the next five years and sees an industry steeped in conventional practices. "We have a significant portion of leaders [72%] who say, yes, the industry will make the switch to value-based payment. Then when they are asked how they are going to grow financially, look at what they're doing. They're expanding outpatient services [60%], marketing to existing markets [59%], and directing marketing campaigns at new markets [41%]. Everything that's listed on top of the chart is in the old paradigm, at the time we're moving toward a new paradigm." By comparison, only 38% say they expect to develop or join an ACO or PCMH, which are seen by many to be early steps toward population health management. Says Wallace, "That's a dichotomy that leadership across healthcare is caught in. It appears that leadership doesn't know how to deal with it."

Strive for scale, but pay close attention to alignment. The direction of the industry is to emphasize keeping people healthy rather than caring for them when they are ill, and that basic but important change in perspective "Six months from now you have to spend less than you are spending today, and Lean doesn't help you do that."

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—Michael T. Burke, senior vice president, vice dean, and corporate CFO of the New York University Langone Medical Center

drives many healthcare business decisions. As an early strategy, healthcare organizations recognize the need to expand their reach beyond the acute care setting. There are many ways to accomplish this, and virtually all of them lead organizations to recognize the need to adopt a risk-based payment model as a component of a broader strategy of leading to population health management.

Fletcher Allen's Deshaies, an advisor for this report, explains how scale is

an asset when approaching population health management. "We're going to be looking at an industry that's going to consolidate much more than we ever expected. That's going to be driven by the scale you have to bring to the table to be successful in managing populations."

While mergers, acquisitions, and partnerships increase the number of covered lives and provide scale, they also can present challenges in physician alignment, clinical integration, and care coordination. As important as it is, care coordination is not seen to be a particular strength by survey respondents, with only 10% saying they are very strong. Burke observes that the nature of new work arrangements can either foster or thwart coordinated care.

"Care coordination is really about standardization of care, using standardized quality indicators, and using standard protocols. Some health systems have not done well because they've come together as loosely affiliated networks as opposed to in a clinically integrated delivery system," Burke says. "The more autonomy you allow and the more that you allow people to deviate from best practices, the more difficult it will be to have consistent results."

Regardless of the contractual arrangement, leaders should establish strategies and tactics that align new team members and integrate new organizations in ways that support providing standardized care and fence in care providers' innate desire for autonomy. Burke also suggests that autonomy might be complicating the pursuit of population health management—one-third of respondents (32%) say they are weak or very weak at population health management, and 25% say they are weak or very weak at clinical analytics.

"It's going to be hard for you to manage populations if you don't have an academic bent toward

the analytics required and if you don't have access to bioinformatics and other data that allows you to look at outcomes in a robust way with a very robust database," Burke says. "It is also difficult if you're a disparate provider with disparate hospitals joining your network, all maintaining some level of autonomy on clinical practice because of the independent nature of the physicians."

So scale may be a requirement for participation in healthcare in the future. But the work is not over when the papers are signed, because an environment must be fostered to ensure that clinical integration, physician alignment, and care coordination help the enterprise rather than hurt it.

"A lot of people have put in an electronic medical record only to find they have to replace it with something that really works."

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—Michael T. Burke, senior vice president, vice dean, and corporate CFO of the New York University Langone Medical Center

There are indications in the survey results that some organizations should begin their examination of alignment with the board and top leaders. Pate, of St. Luke's Health System and an advisor for this intelligence report, gets little reassurance by observing that 72% of respondents say the performance of their leadership team is strong or very strong.

"At a time of transformation, we've got to have really strong leaders," he says. "When we see 72% of leaders described as strong or very strong, that basically says that one in four leadership teams are merely okay or they're not particularly strong. How are you going to make the transition from volume to value if you don't have strong leadership?"

Noting that only 59% say the performance of their boards is strong or very strong, Pate adds, "How many of these are situations where you have both a weak board and a weak leadership team? That is just a recipe for disaster."

In a similar vein, Pate sees a problem with the percentage of respondents who say they are dissatisfied with their jobs (8%) or are neutral about job satisfaction (14%). "This is an incredibly exciting time to be leading healthcare," Pate says, "because we can actually make a lot of changes right now that could affect the future for the better. But 22% of people are either kind of 'meh,' or they're not happy. If you've got some leaders in organizations who aren't happy or aren't very satisfied, what's that doing to the teams that they lead?" **Only 72% expect the shift from volume to value.** Nearly threequarters of respondents (72%) say the industry will make the shift from volume to value, clearly a majority, but nonetheless a percentage that leaves advisors perplexed because 72% may be too small. St. Luke's Pate notes that today, an organization's strategic direction pivots on its perspective on the viability or lack of viability of the current fee-for-service model.

"An important driver of what organizations are doing is whether they

think the current model is sustainable," Pate says. "Transformation is just too hard, so why do it if you don't need to?"

Intermountain's Wallace reminds us that survival is part of the motivation behind the industry's current focus on cost containment and establishing partnerships.

"If you're going to take significant cost out of the system," he says, "somebody's income has got to go. As an industry, we're looking at how all of the

"We're going to be looking at an industry that's going to consolidate much more than we ever expected. That's going to be driven by the scale you have to bring to the table to be successful in managing populations."

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-Roger Deshaies, chief financial officer for Fletcher Allen Health Care in Burlington, Vt.

pieces fit together. As we move into the future, what are the roles of insurers? What are the roles of hospitals? What are the roles of physicians? What are the roles of nurse practitioners, physician assistants? We're not going to all fit in the same place on the puzzle as we have in the past."

"I can't read the tea leaves," says Wallace about how most accept that the healthcare industry is shifting away from volume-based reimbursements, but few are comfortable predicting when and at what scale. So the industry continues to have, as they say, one foot on the boat and one foot on the dock.

Our research underscores the industry's dilemma. Strategies, tactics, and skills that address the new emphasis on collaborative care and population health show up near the top of charts having to do with future investment areas, for instance, but appear near the middle or the bottom on charts covering areas of strength.

Take data analytics, for example, a set of tools that can support the complicated decisions that must be made to support delivering collaborative care and addressing population health management. The 2014 HealthLeaders Media Industry Survey found that more than half (54%) include data analytics among the areas they expect to invest in over the next three years, second only to patient experience on the list of future investments. Yet fully 25% characterize their data analytics staff as weak or very weak, placing data analytics at the bottom of the chart, with the largest "weakness" score by far.

While our reading of the pulse of the industry may suggest a degree of reluctance to leave the old and embrace the new, it also is clear that the lack of a clear schedule should not prevent us from taking steps that will provide exposure to the tools and tactics needed to thrive in the new environment.

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PREMIUM REPORT SAMPLE CHART Click here to order!

FIGURE 1 Current State of the Healthcare Industry

Q | Overall, how do you assess the current state of the healthcare industry?



FIGURE 2 Current State of Organization

 \mathbf{Q} | Overall, how do you assess the current state of your own organization?

FIGURE 3 Top Three Improvement Areas to Reach Financial Targets in Three Years

Q Which are the top three areas your organization must improve or address in order to reach your financial targets in the three-year time frame?

FIGURE 4 Threats

Q | Does your organization consider each of the following to be a threat?

FIGURE 5 Opportunities

Q | Does your organization consider each of the following to be an opportunity?

FIGURE 6 Switch From Volume to Value

Q Do you believe the healthcare industry will make the switch from volume to value?

FIGURE 7 Greatest Clinical Quality Improvement Challenge

Q | Regarding clinical quality improvement, which of the following areas represents the single greatest challenge for your organization?

FIGURE 8 | Top Three Focus Areas Next Year to Control Cost

 $\mathbf{Q} \mid$ What are the top three areas you will focus on next year to control costs?

FIGURE 9 Job Satisfaction

Q | Describe your overall job satisfaction.

FIGURE 10 Overall Performance for Various Groups

Q How would you rate the current overall performance of the following groups in your organization?

FIGURE 11 Overall Performance for Various Functions

Q | How would you rate your organization's current performance of the following functions?

FIGURE 12 Performance for Various Areas

Q | How would you rate your organization's current performance in the following areas?

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FIGURE 13 2014 Financial Forecast

Q What is your organization's financial forecast for the 2014 fiscal year?



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FIGURE 14 Fueling Financial Growth Over the Next Five Years

Q | How will your organization fuel financial growth over the next five years?

FIGURE 15 Investments Over Next Three Years

Q | In which of the following areas does your organization expect to begin or increase investment over the next three years?

FIGURE 16 Investments That Wasted Money Over Past Few Years

Q When you reflect on your organization's investment in the following over the past few years, which would you describe as largely a waste of money? Among those reporting waste

FIGURE 17 | Performance on Cost Reduction Initiatives

Q | How is your organization performing on each of the following?

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